

A Short Note on Women Heart Related Care During Pregnancy Time

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Abstract

Heart rate generally increases during pregnancy, as the body works to pump blood to the parts of organs and placenta. Though there are many words to express the moment that you first hear your baby's heartbeat, most people utilize words like galloping to tell how the heart rate sounds. While the heart rate in pregnancy is faster than an adult's heart rate, the accuracy is that a common foetal heart rate changes during the stages of pregnancy and throughout the day. At about five weeks gestation, baby's heart starts to beat. At this point, a general foetal heart rate is about the same as the mother's: 70-75 beats per minute including the bpm. From this point, it will increase its rate of about three beats per minute per day throughout that first month. This is so exact that your doctor or midwife can utilize heart rate to help pinpoint the gestational age of baby via ultrasound radiation.

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Discussion

The miscarriage rate for pregnancies in which a mother has heard or glimpsed a heartbeat is lower. However, if a doctor notices that the baby's heartbeat is off by a week or more, it can show that a miscarriage is more likely. By the starting of the ninth week of pregnancy, the common foetal heart rate is an average of 75 bpm. At this point, it begins a rapid deceleration to the normal foetal heart rate for mid-pregnancy to regarding 130-170 bpm. There is also a slowing of the normal foetal heart rate in the last 10 weeks of pregnancy, though the general foetal heart rate is still about two times more than the normal adult's resting heart rate. Some parents may wonder if maintaining the baby's heart rate from day to day while at home is a smart idea. But the practice has pros and cons. There are also options for monitoring baby's heart rate during labour. The most common time when couples find out the intercourse of their babies is between weeks 18 and 20. Many doctors perform an anatomy scan in every side this

point in pregnancy to examine baby's characteristics and inner workings from head to toe. During this non-invasive test, technician will put gel on tummy and use a probe to take photos of baby inside the womb. Little one will have a series of calculation to ensure they are growing well.

Conclusion

The tech will also look at the body's systems, the fluid levels in every side the baby, and the placenta. The option to find out the sex and get some photos to swing on refrigerator. The technician can often see the baby's genitals clearly on the screen and make a solid, educational guess. Occasionally, due to the baby's position, finding out the sex may be difficult. Most women will be able to exercise as usual while in pregnant stage. Need to alter routine if you usually take part in sports or activities that might pose a significant risk of injury, as you are more susceptible to injury when pregnant.